

The Hypothesis Worksheet

Five questions to ask before you commit to anything: money, a job, a move, a deal.

The decision

Date

01 What is the hypothesis?

State it in one sentence, in plain language. *A feeling gives you nothing to check. A claim gives you a list.*

02 What has to be true?

List the assumptions. Then mark the two or three that carry the weight. *A number in a model is somebody's opinion about the future, formatted.*

ASSUMPTION

CARRIES THE WEIGHT

☐
☐
☐
☐

03 What would prove me wrong?

Write it now, while you can think clearly. *Defined in advance, it is information. Defined afterward, it is an excuse.*

By _____, I would conclude I was wrong if I saw:

04 What else could explain this?

Look for the confounder. The most common one is the calendar: *did the person produce the result, or did the years?*

05 What do I do when it breaks?

Not if. When. Decide the response before you need it.

If _____ happens, I will _____.

If _____ happens, I will _____.

Before I put in another dollar or another hour, I would need to see:

DECISION

☐ Go

☐ No go

☐ Not yet: need more information

Revisit on

Decide while you are calm what you will do when you are not.